

# Bredon Star RFC COVID-19 Policy

## Principles

- We will adhere fully with Government and RFU guidance
- We will develop our policy as the guidance develops
- We want to help keep players of all ages active and healthy
- We want to promote team spirit; a social culture and a passion for rugby
- Players and Parents must take responsibility for their own safety by following coaches guidance at all times



# Bredon Star RFC COVID-19 Policy

## Rules



- Train in groups of 6 - including a coach (i.e. 5 players and 1 coach)
- One group per quarter pitch allowed
- Coaches to take a register - for track and trace purposes; groups of 6 should remain consistent session to session
- Coaches to ensure they have adequate first aid equipment and sanitiser for handling any equipment used
- Spectators / parents must remain away from the training area and socially distance between themselves (2 metres)
- JUNIORS ONLY - A parent must be on hand / contactable in case of injury to their child
- Training can consist of fitness activities and ball handling\*; it must **not** include:
  - Any contact training with equipment or other players coaches etc
  - Any touch rugby or simulated contact (i.e. pick placed ball from “tackled player”)

*\*passing is allowed BUT players must remain 2 metres apart AND the coach must ensure ball is washed thoroughly before the training session and provide players with hand sanitiser between drills*